

Program: Academy Training

Description: Supplemental training that is **FREE** to MV players who are looking to be challenged with additional instructional training in a fun, interactive, skill-building environment. Academy Training is provided by CFC First Team players and CFCA Coaching staff that will introduce principles of a playing possession style soccer.

TRAINING DATE/TIMES

Monday evenings on March 7,14,21,28 and April 4,18,25. (May 2,9 rainout makeup opportunities.)

Age	Birth Year	Time	Field
U5/U6	2016-2017	6:00-7:00 pm	1A/1B
U7/U8	2014-2015	6:00-7:00 pm	1E/1F
U9/U10	2012-2013	7:00-8:00 pm	1E
U11/U12	2010-2011	7:00-8:00 pm	1F

ALTERNATE TRAINING (INCLUDING GOALKEEPING TRAINING)

For Goalkeeping instruction and for teams that train on Mondays, alternate training will be offered on **Tuesdays** at Grimes soccer fields (4502 N. Access Rd, Chattanooga)

DATE/TIMES: March 8,15,22,29 and April 5,19,26. (May 3,10 rainout makeup opportunities.)

Age	Birth Year	Time	Field
U5 (all)	2017	5:45-6:30 pm	Grimes 3A
U6 (all)	2016	6:30-7:15 pm	Grimes 3A
U8 Boys	2014-2015	6:00-7:00 pm	Grimes 2A
U8 Girls	2014-2015	7:00-8:00 pm	Grimes 2A
U10 Boys	2012-2013	6:00-7:00 pm	Grimes 2B
U10 Girls	2012-2013	7:00-8:00 pm	Grimes 2B
U12 (all)	2010-2011	6:00-7:00 pm	Grimes 2D
U14 (all)	2008-2009	7:00-8:00 pm	Grimes 2D
GK U9-U10	2012-2013	6:00-7:00 pm	Grimes 2C
GK U11-U14	2008-2011	7:00-8:00 pm	Grimes 2C